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Subject: Gluten-free and allergens statement

Since the publication, in the New York Times, of Anahad O' Connor's article: "Many Probiotics Taken for Celiac Disease Contain Gluten", several of our customers expressed their concern and contacted us or our distributors to obtain more information.

We wish to reassure our customers whose health and well-being are of concern. The Yogourmet freeze-dried starters, the other products manufactured on the same line and those sheltered in our establishment do not contain gluten.

In addition, since January 2015, we do not produce products containing wheat, eggs and fish (including shrimps) anymore. It is however possible that certain packaging show the former notice. New packaging will soon replace them. These will reflect that the only allergens are milk and soy.

Best regards,

A handwritten signature in blue ink, appearing to read "Céline St-Pierre".

Céline St-Pierre
CEO/President